-----Original Message-----From: Liz Trimnell <liztrimnell@aol.com> To: liztrimnell <liztrimnell@aol.com> Sent: Fri, May 10, 2013 9:52 pm Subject: Mother's Day Message from our Vice President, Efik National Association

Ikot nyin ekom do-o-o

Hope all is well with everyone on this Mother's Day. Let us proudly salute our mothers on this important day in their honor. It is a fact universally acknowledged that a mother's love for her children is limitless. She is prepared to sacrifice anything for her children's sake. A loving mother does not clamour for personal glory. She sacrifices for the upliftment of her children. That is why once every year at this time we set aside a day to honor and express our appreciation to our beloved mothers for the invaluable services that they continue to perform for us. In fact, a loving mother's resolve in life is self denial for her children's sake. Mothers deserve all the glory in the world. It would be better if we could devote more than one day to appreciate these class individuals (mothers).

May we use this opportunity to implore everyone in our community to emulate our mothers and show that mother-like love to one another and join hands together in an effort to move our community forward. May we all work together to elevate our community to a level of relevance in the scheme of things here in the Diaspora and at home.

Again, let us celebrate this day in honor of our mothers with honest enthusiasm for their unselfishness and unconditional love for us. God bless. Have a peaceful Mother's Day.

Deacon Eyo(Etinyin) Ephraim Vice-President ENA-USA, Inc.